

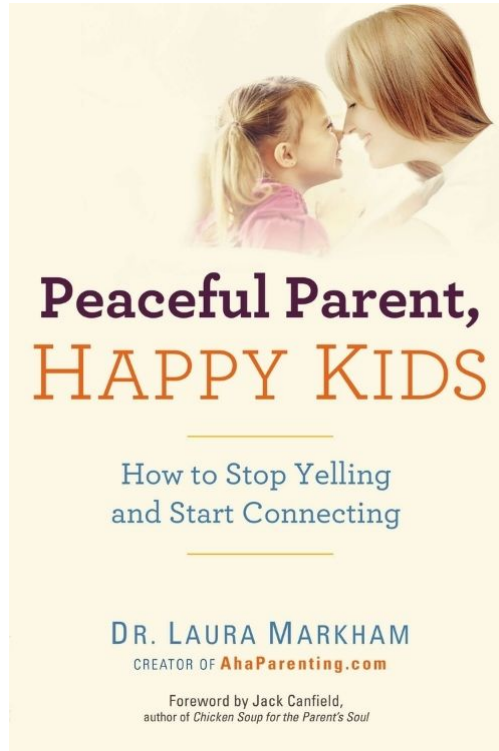


Parenting is undoubtedly a difficult task. As a parent they want their child to grow up as a confident and responsible person. It often happens that the materialistic offering is considered as taking care of the child and satisfying their needs. But money and materials can bring them glee, momentarily. It is the presence and guidance of the parent that helps them grow. The child also has to be a little out of the box and away from the comfort zone to match up with this running world. It is the discreet balance between guiding and letting them go, is that helps the child to grow up as a positive person. Here is a list of 7 books to make your child strong and confident.

## **7 Books to Make Your Child Strong And Confident:**

1. Peaceful Parent, Happy Kids - Laura Markham
2. How to Raise Successful People - Esther Wojcicki
3. Daring Greatly - Brene Brown
4. The Gift of Failure - Jessica Lahey
5. The Whole-Brain Child - Dr. Daniel J. Siegel & Dr. Tina Payne Bryson
6. Helping Your Anxious Child - Ronald M. Rapee
7. Permission to Feel - Marc Brackett

### **Peaceful Parent, Happy Kids - Laura Markham**

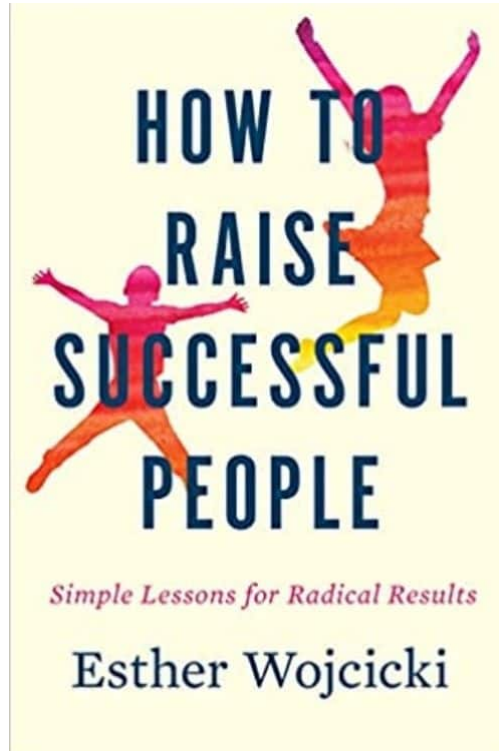


7 Books to Make Your Child Strong And Confident - ***Peaceful Parent, Happy Kids***

BUY NOW

This book is written based on clinical experience with parents and the latest researches on brain development. According to Markham, advancing an emotional bond with your child makes an authentic and eternal change. It will help parents to comprehend their own emotions and that will guide them on how to parent with empathy, communication, and between healthy limits and thus raise an emotionally strong and disciplined child.

**How to Raise Successful People - Esther Wojcicki**

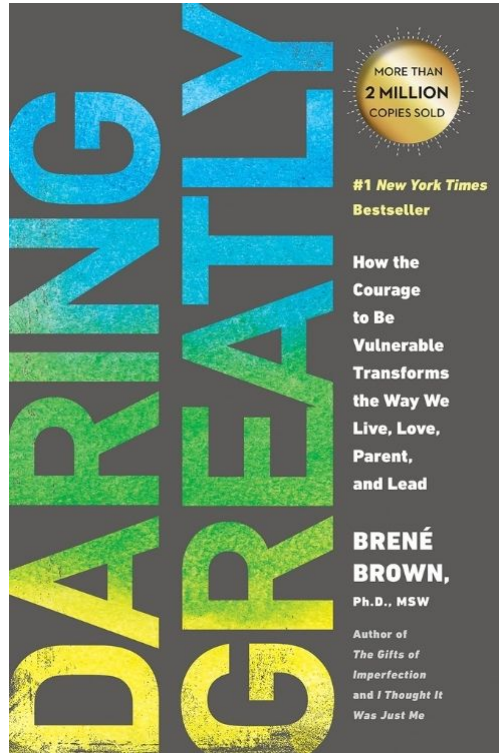


*7 Books to Make Your Child Strong And Confident - **How to Raise Successful People***

BUY NOW

Wojcicki's process is dissimilar to that of helicopter parenting. Instead of panicking from parental anxiety he says RELAX! Talk to infants like you would talk to adults. Give space to teenagers to choose their passion and choices. Above everything, allow the child to take lead. Your parenting can change the life of yours, your child, and the world.

**Daring Greatly - Brene Brown**



7 Books to Make Your Child Strong And Confident - ***Daring Greatly***

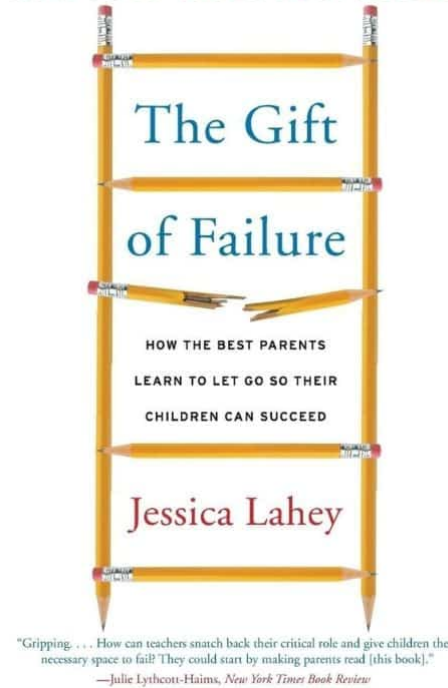
BUY NOW

This book is helpful if you are questioning your weakness, emotional turmoil, and vulnerability. If you think vulnerability is a weakness, Dr. Brown will alter this thought of yours. Based on 12 years of knowledge and research she argues that vulnerability is rather an immaculate way to encouragement, courage, and a meaningful bond.

**The Gift of Failure - Jessica Lahey**



NEW YORK TIMES BESTSELLER

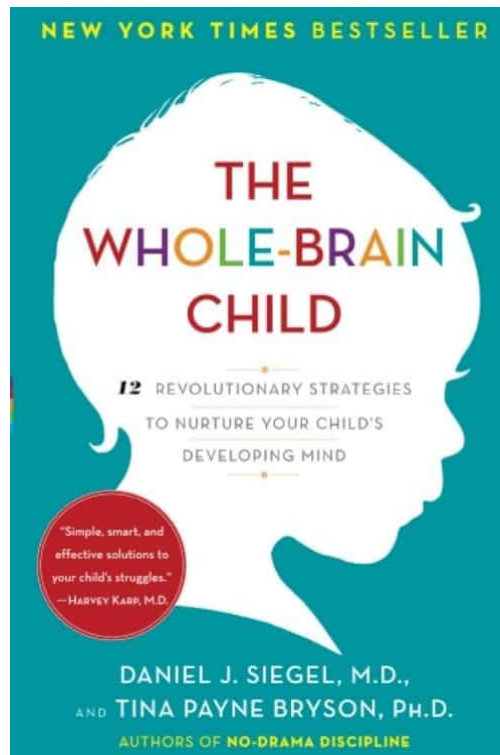


### *7 Books to Make Your Child Strong And Confident - **The Gift of Failure***

BUY NOW

Over protectiveness of modern parents is highly responsible for the lack of confidence in children. Going to school because of one phone call, blaming teachers for bad results of their child, rushing to school because of a forgotten assignment, interfering between the developing friendships between kids - all of these does not help the child to grow on their own and experience failure. To have the right space to grow and to experience failure is extremely significant to grow as a strong and confident being. Lahey will guide you on how to take care of the growing responsibilities such as sports, homework, social dynamics, and more.

### **The Whole-Brain Child - Dr. Daniel J. Siegel & Dr. Tina Payne Bryson**

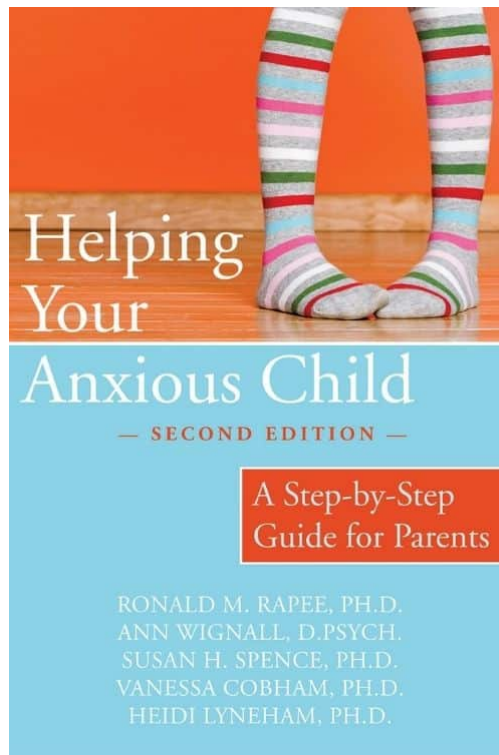


7 Books to Make Your Child Strong And Confident - ***The Whole-Brain Child***

BUY NOW

Toddlers, pre-schoolers, or fifth graders do not plan on making their parents' lives challenging, it is the developing brain that is responsible for the change in behaviour and shift in mood. The authors provide a detailed explanation on parts of the brain, and why the child is behaving in a certain way, and exactly what is responsible for that behaviour? It will help you to behave and react the correct way next time your child shows any kind of bad behaviour or stubbornness.

**Helping Your Anxious Child - Ronald M. Rapee**

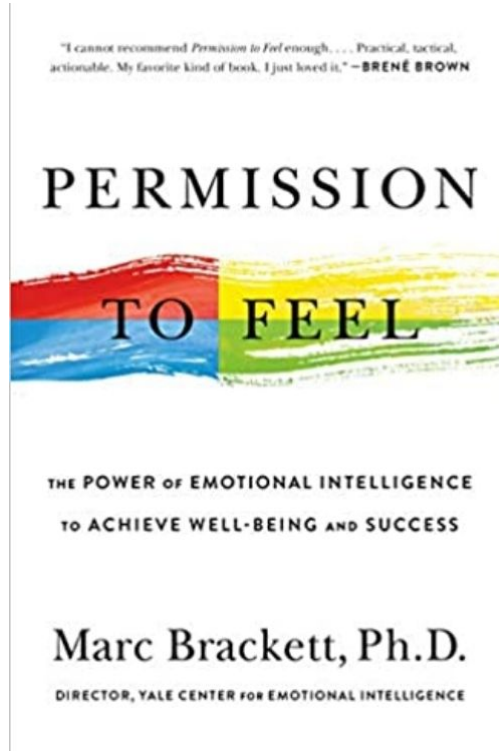


7 Books to Make Your Child Strong And Confident - ***Helping Your Anxious Child***

BUY NOW

10 % of children suffer from anxiety, obsessive-compulsive disorder, panic attack, separation anxiety, phobias, social anxiety, and more. In this book, Rapee and other writers offered practical and scientifically proven researches on how to help your child overcome anxiety and other disorders with compassion and care. It will also guide you on how to help your child recognize irrational worries.

**Permission to Feel - Marc Brackett**



*7 Books to Make Your Child Strong And Confident - **Permission to Feel***

BUY NOW

Marc Brackett has created a remarkably effective plan to develop the lives of adults and children; he made a blueprint for comprehending our feelings and emotions and using them astutely so that they help the success and development of lives. His approach has a lot to do with his childhood and how his uncle acknowledged his emotions, endurance, and suffering, and permitted him to feel. His method for healthy children and well-being is called RULER. It helps with mental well-being, academic achievement, improves school climate, and reduces stress.

**Also Read: Famous Authors Who Died Before Finishing a Book Series**